



**Dr. Ava-Ann Allman, Ph.D, C.Psych  
Psychologist**

***Experience:***

- 2019 - Present      **Psychologist, Brainworks, Huntsville, ON**
- Psychological consultation, assessment and treatment
  - Rehabilitation consultation
  - Individual rehabilitation program planning
  - Training, supervising and clinically directing therapists
- 2017 - Present      **Psychologist, Correctional Services Canada, Beaver Creek Institution, Gravenhurst, ON**
- Clinical assessment and diagnosis
  - Individual therapy with adult males
  - Focus on CBT and other empirically supported therapies
- 2014 - 2017      **Clinical Psychologist, Private Practice**
- Individual therapy with adults and adolescents
  - Treatment of individuals with diverse presenting issues including anxiety, depression, and low self-esteem
  - Focus on CB and other empirically supported therapies
- 2010 - 2011      **Pre-Doctoral Psychology Resident, Edmonton Consortium Clinical Psychology, Generalist Stream, Edmonton, AB**
- Completed rotations in Adult Psychiatry, Pediatric Psychology and Forensic Psychology
  - Group and individual therapy with diverse clinical populations including children (ages 3-12) with behavioural and emotional difficulties, adolescent sex offenders and adults with social anxiety
  - Experience working with multidisciplinary teams

***Education:***

- 2004 - 2012      **Ph.D., Clinical Psychology, McGill University, Montreal, QC**
- Thesis "Dopamine Effects on Putative Endophenotypes for Schizophrenia"
- 1999 - 2004      **Honours Bachelor of Arts, Psychology Applied Studies Program, University of Waterloo, Waterloo, ON**

### ***Certifications:***

2017 - Present      **Registered Psychologist**  
College of Psychologists of Ontario  
Certificate # 6150

### ***Teaching Experience:***

2012 - 2017      **Course Instructor, College Sainte-Anne, Montreal, QC**  
• Introduction to Psychology, Social Psychology, Human Sexuality, Abnormal Psychology, and Advanced Quantitative Methods

2013 - 2014      **Course Instructor, McGill University, Montreal, QC**  
• Statistics for Experimental Design and Abnormal Psychology

2012 - 2014      **Course Instructor, Champlain College, Sherbrooke, QC**  
• Human Development and Abnormal Psychology

### ***Research Experience:***

2012 - 2015      **Research Coordinator, DaCosta Lab, McGill University Health Centre, Montreal, QC**

2004 - 2012      **Graduate Student, McGill University, Montreal, QC**

### ***Professional Memberships:***

- Ontario Psychological Association

### ***Professional Highlights:***

- Experience working with client population ranging from children to adults
- Clinical Training in Cognitive Behavioural Therapy (CBT)
- Integrates aspects from a number of different schools of therapy including mindfulness-based therapies, acceptance, and commitment therapy
- Highly developed communication skills both verbal and written
- Experience working with vulnerable clients, and their families, and enabling them to adjust to their difficulties with supports
- Demonstrates effective therapeutic rapport with clients and treatment team members

***Recent Professional Development:***

- |      |  |
|------|--|
| 2019 | Cognitive Processing Therapy for PTSD            |
| 2019 | Assessment and Treatment of Concurrent Disorders |
| 2018 | Lights, Camera, Action! CBT for Anxiety          |